

ARCHAEOLOGY

ACTIVITIES YOUR KIDS WILL DIG

ar·chae·ol·o·gy (noun): the study of the remains of past human societies

1. Looking for Nutrients



Archaeologists study and record how humans in the past worked, played, and ate. Create a food journal and practice recording how many different fruits and vegetables you and your family eat every week.



2. Preserve yourself

Archaeologists spend a lot of time outside to excavate, or carefully dig, artifacts at a dig site. When you're outside, protect your eyes and skin with sunglasses and sunscreen. Stay Cool!

3. Hooked on Hieroglyphics



Did you know that past humans used hieroglyphics - shapes and symbols- to communicate with each other? We still do the same! How many shapes and symbols can you find at the grocery store? At the library? At school? Count and draw them in your science journal.



4. Create your own museum

Archaeologists are professional detectives piecing artifacts together to solve a puzzle of the past. Collect 5 items in your home to tell a story of your childhood. This can include a blanket, book, or an old toy you played with when you were younger.

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